



Gracie United Team Jucao St. John



1720 Carrollwood Dr, Suite A
Laplace, LA 70068

☎ (985) 359-5555

✉ laplace@gracieunited.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00 AM							
12:00 PM	LUNCH CLASS @11:45 AM		LUNCH CLASS @11:45 AM				
1:00 PM 4:00 PM							
5:00 PM		LITTLE ONES BJJ (4 - 6 YEARS OLD) @5:00 PM - 5:30 PM					
6:00 PM		KIDS BJJ (7 - 12 YEARS OLD) @5:30 PM - 6:30 PM					
7:00 PM		ADULTS / TEENS BJJ (13 YEARS OLD & UP) @6:30 PM - 7:30 PM					
8:00 PM							