



Gracie United Mandeville



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:00 PM							
4:00 PM		KINDER BJJ KIDS 3 - 4 YEARS @4:30 PM		KINDER BJJ KIDS 3 - 4 YEARS @4:30 PM			
5:00 PM	KIDS NO GI / SUBMISSION WRESTLING 5 - 8 YEARS @5:00 PM	KIDS BJJ 5 - 8 YEARS @5:00 PM		KIDS BJJ 5 - 8 YEARS @5:00 PM		JUNIOR KICKBOXING 9 - 12 YEARS @5:00 PM	
	JUNIOR NO GI / SUBMISSION WRESTLING 9 - 12 YEARS @5:45 PM	JUNIOR BJJ 9 - 12 YEARS @5:45 PM		JUNIOR BJJ 9 - 12 YEARS @5:45 PM			
6:00 PM	ADULTS NO GI / SUBMISSION WRESTLING @6:30 PM - 7:30 PM	BJJ ALL LEVELS TEENS/ADULTS @6:30 PM					
			ADULTS NO GI / SUBMISSION WRESTLING @6:00 PM			ADULTS KICKBOXING @6:00 PM	
7:00 PM				BJJ ALL LEVELS TEENS/ADULTS @6:30 PM			