



Gracie United LaPlace



299 Belle Terre Blvd
LaPlace, LA 70068

Phone: **9856626155**

Email: laplace@gracieunited.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 PM							
6:00 PM		KIDS BJJ @6:15 PM	KIDS NO GI BJJ @6:00 PM	KIDS BJJ @6:15 PM			
7:00 PM		ADULTS BJJ @7:00 PM	ADULTS NO GI BJJ @7:00 PM	ADULTS BJJ @7:00 PM			
8:00 PM							