



Gracie United Jena

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 PM							
5:00 PM	MIGHTY MITES BJJ (3 - 4 YEARS OLD) @5:00 PM - 5:30 PM	JUNIOR BJJ (5 - 12 YEARS OLD) @5:00 PM - 6:00 PM		MIGHTY MITES BJJ (3 - 4 YEARS OLD) @5:00 PM - 5:30 PM			
6:00 PM	JUNIOR BJJ (5 - 12 YEARS OLD) @5:30 PM - 6:30 PM	GEMS (WOMEN 13 & UP) @6:00 PM - 7:00 PM		JUNIOR BJJ (5 - 12 YEARS OLD) @5:30 PM - 6:30 PM			
7:00 PM	TEEN / ADULT BJJ @6:30 PM - 7:30 PM			TEEN / ADULT BJJ @6:30 PM - 7:30 PM			
8:00 PM							