



Gracie United Jasper



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	BJJ ALL LEVELS TEENS / ADULTS @6:30 AM - 7:30 AM		BJJ ALL LEVELS TEENS / ADULTS @6:30 AM - 7:30 AM				
7:00 AM							
8:00 AM 4:00 PM							
5:00 PM	LITTLE NINJAS BJJ (4 - 7 YEARS OLD) @5:00 PM		LITTLE NINJAS BJJ (4 - 7 YEARS OLD) @5:00 PM		LITTLE NINJAS COMPETITION CLASS (4 - 7 YEARS OLD) @5:00 PM		
6:00 PM	KIDS BJJ (8 - 12 YEARS OLD) @5:45 PM	NO GI TRAINING @6:00 PM	KIDS BJJ (8 - 12 YEARS OLD) @5:45 PM		KIDS COMPETITION CLASS (8 - 12 YEARS OLD) @5:45 PM		
7:00 PM	BJJ FUNDAMENTALS ADULTS / TEENS @6:30 PM			BJJ FUNDAMENTALS ADULTS / TEENS @6:30 PM		COMPETITION CLASS ADULTS / TEENS @6:30 PM	
8:00 PM	COMPETITION CLASS ADULTS / TEENS @7:30 PM		YOGA CLASS @7:45 PM				