



# Gracie United Gulfport



1331 E. Pass Rd.  
Gulfport, MS 39507

☎ (601) 336-0106

✉ [gulfport@gracieunited.com](mailto:gulfport@gracieunited.com)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:00 PM							
4:00 PM							
5:00 PM	LITTLE KIDS BJJ (4 - 7 YEARS OLD) @5:00 PM - 5:45 PM			LITTLE KIDS BJJ (4 - 7 YEARS OLD) @5:00 PM - 5:45 PM			
6:00 PM	BIG KIDS BJJ (8 - 13 YEARS OLD) @5:45 PM - 6:30 PM			BIG KIDS BJJ (8 - 13 YEARS OLD) @5:45 PM - 6:30 PM	KIDS FUNDAMENTALS OF BJJ (8 - 13 YEARS OLD) @5:45 PM - 6:30 PM		
7:00 PM	ADULTS BJJ (14 YEARS OLD & UP) @6:30 PM - 7:30 PM	ADULTS NOGI/SUBMISSION WRESTLING @6:30 PM - 7:30 PM	ADULTS BJJ (14 YEARS OLD & UP) @6:30 PM - 7:30 PM	ADULTS FUNDAMENTALS OF BJJ (14 YEARS OLD & UP) @6:30 PM - 7:30 PM			
8:00 PM	ADULTS KICKBOXING (14 YEARS OLD & UP) @7:30 PM - 8:30 PM						

ADULTS BJJ  
(TEAM JUCAO MEMBERS ONLY\*)  
@4:00 PM

ADULTS OPEN MAT  
(TEAM JUCAO MEMBERS ONLY\*)  
@5:00 PM

\*Schedule subject to change due to seminars / tournaments.