



Gracie United Gardendale



955 Main Street
Gardendale, AL 35071

☎ (205) 388-2586

✉ gardendale@gracieunited.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
7:00 AM		BJJ TEENS AND ADULTS @7:00 AM - 9:00 AM		BJJ TEENS AND ADULTS @7:00 AM - 9:00 AM		<div style="background-color: #e0f2f1; padding: 5px; margin-bottom: 5px;"> COMPETITION CLASS (8 - 12 YEARS OLD) @9:15 AM - 10:00 AM </div> <div style="background-color: #fff9c4; padding: 5px;"> COMPETITION CLASS TEENS AND ADULTS @10:00 AM - 11:00 AM </div>		
8:00 AM								
9:00 AM								
10:00 AM								
11:00 AM 4:00 PM								
5:00 PM		BJJ (4 - 7 YEARS OLD) @5:00 PM - 5:45 PM		BJJ (4 - 7 YEARS OLD) @5:00 PM - 5:45 PM				
6:00 PM		BJJ (8 - 12 YEARS OLD) @5:45 PM - 6:30 PM		BJJ (8 - 12 YEARS OLD) @5:45 PM - 6:30 PM				
7:00 PM		BJJ TEENS AND ADULTS @6:45 PM - 7:45 PM		BJJ TEENS AND ADULTS @6:45 PM - 7:45 PM				
8:00 PM								