



Gracie United Morris



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 AM		BJJ ALL LEVELS ADULTS / TEENS @7:00 AM		BJJ ALL LEVELS ADULTS / TEENS @7:00 AM			
8:00 AM							
9:00 AM							
10:00 AM						KIDS GRAPPLE @9:30 AM	
11:00 AM						ADULTS GRAPPLE @10:30 AM	
12:00 PM 4:00 PM							
5:00 PM		LITTLE NINJAS BJJ (4 - 7 YEARS OLD) @5:00 PM		LITTLE NINJAS BJJ (4 - 7 YEARS OLD) @5:00 PM			
6:00 PM		KIDS BJJ (8 - 12 YEARS OLD) @5:45 PM		KIDS BJJ (8 - 12 YEARS OLD) @5:45 PM			
7:00 PM		ADULTS GI ADULTS / TEENS @6:45 PM		ADULTS GI ADULTS / TEENS @6:45 PM			