



# Gracie United Diamondhead



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 AM		ADULT BJJ @7:00 AM - 8:00 AM					
8:00 AM 11:00 AM							
12:00 PM		LUNCH BJJ @12:00 PM - 1:00 PM		LUNCH BJJ @12:00 PM - 1:00 PM			
1:00 PM 4:00 PM							
5:00 PM	KIDS BJJ @5:00 PM - 5:45 PM		KIDS BJJ @5:00 PM - 5:45 PM				
6:00 PM	JUNIOR BJJ @5:45 PM - 6:30 PM		JUNIOR BJJ @5:45 PM - 6:30 PM				
7:00 PM	ADULT BJJ @6:30 PM - 7:30 PM		ADULT BJJ @6:30 PM - 7:30 PM				