



# Gracie United Bayou Lafourche - Galliano



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 PM							
5:00 PM	KIDS BJJ @5:30 PM - 6:15 PM	KIDS NOGI GRAPPLING @5:30 PM - 6:15 PM		KIDS BJJ @5:30 PM - 6:15 PM			
6:00 PM	BJJ FUNDAMENTALS @6:30 PM - 7:00 PM	NOGI GRAPPLING @6:30 PM - 7:30 PM		BJJ FUNDAMENTALS @6:30 PM - 7:00 PM			
7:00 PM	ADVANCED BJJ @7:00 PM - 7:45 PM			ADVANCED BJJ @7:00 PM - 7:45 PM		OPEN MATS @6:30 PM - 7:00 PM	
8:00 PM							