



Gracie United Baton Rouge



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 PM							
3:00 PM						<div style="border: 1px solid black; padding: 5px; background-color: #d9ead3;"> ADULTS NO / GI OPEN MAT ADULTS @3:00 PM </div>	
4:00 PM							
5:00 PM	<div style="border: 1px solid black; padding: 5px; background-color: #f4cccc;"> BJJ 4 - 7 YEARS OLD @5:30 PM - 6:15 PM </div>		<div style="border: 1px solid black; padding: 5px; background-color: #f4cccc;"> BJJ 4 - 7 YEARS OLD @5:30 PM - 6:15 PM </div>		<div style="border: 1px solid black; padding: 5px; background-color: #d9ead3;"> KICKBOXING / WRESTLING ALL KIDS @5:30 PM - 6:15 PM </div>		
6:00 PM	<div style="border: 1px solid black; padding: 5px; background-color: #d9ead3;"> BJJ 8 - 13 YEARS OLD @6:15 PM - 7:00 PM </div>		<div style="border: 1px solid black; padding: 5px; background-color: #d9ead3;"> BJJ 8 - 13 YEARS OLD @6:15 PM - 7:00 PM </div>		<div style="border: 1px solid black; padding: 5px; background-color: #fff2cc;"> KICKBOXING / WRESTLING ADULTS @6:15 PM - 7:30 PM </div>		
7:00 PM	<div style="border: 1px solid black; padding: 5px; background-color: #cce5ff;"> BJJ ADULTS @7:00 PM - 8:15 PM </div>		<div style="border: 1px solid black; padding: 5px; background-color: #cce5ff;"> BJJ ADULTS* @7:00 PM - 8:15 PM </div>				
8:00 PM							

* Every other Wednesday Adult Class is NO GI