



# Gracie United Bayou Lafourche - Thibodaux



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							

KIDS BJJ  
@5:15 PM - 5:55 PM

BJJ FUNDAMENTALS  
@6:00 PM - 6:30 PM

ADVANCED BJJ  
@6:30 PM - 7:15 PM