



Gracie United Hancock



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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:00 PM							
5:00 PM	SELF DEFENSE KIDS @5:15 PM - 6:00 PM	BJJ KIDS @5:15 PM - 6:00 PM		BJJ KIDS @5:15 PM - 6:00 PM			
6:00 PM	SELF DEFENSE JUNIORS @6:00 PM - 7:00 PM	BJJ JUNIORS @6:00 PM - 7:00 PM		BJJ JUNIORS @6:00 PM - 7:00 PM	KICKBOXING @6:00 PM - 7:00 PM		
7:00 PM	SELF DEFENSE ADULTS @7:00 PM - 8:00 PM	BJJ ADULTS @7:00 PM - 8:00 PM		BJJ ADULTS @7:00 PM - 8:00 PM	WOMEN'S FUNDAMENTAL BJJ @7:00 PM - 8:00 PM		
8:00 PM							