



Gracie United Covington/Madisonville

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 AM							
11:00 AM	BJJ ALL LEVELS @11:00 AM - 12:00 PM		BJJ ALL LEVELS @11:00 AM - 12:00 PM				
12:00 PM							
3:00 PM							
4:00 PM	KINDER BJJ KIDS 3-4 YEARS @4:30 PM - 5:00 PM		KINDER BJJ KIDS 3-4 YEARS @4:30 PM - 5:00 PM				
5:00 PM	BJJ KIDS 5-8 YEARS @5:00 PM - 5:45 PM		BJJ KIDS 5-8 YEARS @5:00 PM - 5:45 PM		SELF DEFENSE JUNIORS 9-12 YEARS @5:00 PM - 5:45 PM		
6:00 PM	BJJ JUNIORS 9-12 YEARS @5:45 PM - 6:30 PM		BJJ JUNIORS 9-12 YEARS @5:45 PM - 6:30 PM		SELF DEFENSE ADULTS/TEENS @5:45 PM - 6:30 PM		
7:00 PM	BJJ ALL LEVELS @6:30 PM - 7:30 PM		BJJ ALL LEVELS @6:30 PM - 7:30 PM		SUBMISSION/WRESTLING ADULTS/TEENS @6:30 PM - 7:30 PM		
8:00 PM							