



Gracie United Chalmette



1720 East Judge Perez Drive Suite A

Chalmette, LA 70043

Phone: **9859563294**

Email: **chalmette@gracieunited.com**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 AM							
10:00 AM						COMPETITION CLASS KIDS @10:00 AM	
11:00 AM						COMPETITION CLASS ADULTS @11:00 AM	
12:00 PM - 4:00 PM							
5:00 PM	KIDS BJJ (4-7 YEARS) @5:15 PM		KIDS BJJ (4-7 YEARS) @5:15 PM		KIDS BJJ (4-7 YEARS) @5:15 PM		
6:00 PM	JUNIOR BJJ (8-13 YEARS) @6:00 PM		JUNIOR BJJ (8-13 YEARS) @6:00 PM		JUNIOR BJJ (8-13 YEARS) @6:00 PM		
6:00 PM	ADULTS BJJ @7:00 PM		ADULTS BJJ @7:00 PM		ADULTS BJJ @7:00 PM		