



Gracie United Chalmette

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 AM							
10:00 AM						COMPETITION CLASS KIDS @10:00 AM	
11:00 AM						COMPETITION CLASS ADULTS @11:00 AM	
12:00 PM - 4:00 PM							
5:00 PM	KIDS BJJ (4-7 YEARS) @5:15 PM		KIDS BJJ (4-7 YEARS) @5:15 PM		KIDS BJJ (4-7 YEARS) @5:15 PM		
6:00 PM	JUNIOR BJJ (8-13 YEARS) @6:00 PM		JUNIOR BJJ (8-13 YEARS) @6:00 PM		JUNIOR BJJ (8-13 YEARS) @6:00 PM		
6:00 PM	ADULTS BJJ @7:00 PM		ADULTS BJJ @7:00 PM		ADULTS BJJ @7:00 PM		