



Gracie United Baton Rouge

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Baton Rouge, LA 70808

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 AM							
11:00 AM	LUNCH CLASS @11:30 AM - 1:00 PM		LUNCH CLASS @11:30 AM - 1:00 PM		LUNCH CLASS @11:30 AM - 1:00 PM		
12:00 PM							
1:00 PM							
4:00 PM							
5:00 PM		KIDS BJJ @5:15 PM - 6:15 PM		KIDS BJJ @5:15 PM - 6:15 PM			
6:00 PM		JIUJITSU @6:30 PM - 7:30 PM					OPEN MAT @6:30 PM - 8:00 PM
7:00 PM			KICKBOXING/BOXING @7:30 PM - 8:30 PM				
8:00 PM							